

| Club | Day | Contact No. |
|---|--|--------------------|
| Beccles – Hilary Maidstone | Wednesday | 07501 837761 |
| Blickling/Aylsham – Di & Phil Scott | Wednesday | 01263 734169 |
| Bury Reel Club – Lynn Kentish | Tues aft, Wed evening, Thurs aft | 07786 091775 |
| Bury St Edmunds – Luckenbooth Jenny Banyard | 3rd Friday in month jenny@christadelphiansuffolk.org.uk | 01842 752060 |
| Debenham Leisure Centre – John Lochner | Tuesday johnlochner@waitrose.com | 01284 753928 |
| Great Glemham – Ron Smith | Thursday roncsmith12@gmail.com www.ipswichscottishdance.org/great_glemham | 01728 663767 |
| Ipswich, Anglo Scottish – Libby Wragg ewragg007@btinternet.com | Occasional Tuesday afternoon, Tuesday www.ipswichscottishdance.org | 01473 721270 |
| King's Lynn & District – Mary & Dair Andrews | Wednesday | 01553 761798 |
| Nacton SCD – Gillian Barella | Friday www.ipswichscottishdance.org | 01394 380418 |
| Norwich, Reel Society – Lesley Everett | 1st & 3rd Wednesdays | 01508 495310 |
| Norwich, Royal Scottish Country Dancing | Monday chair@rscds-norwich.org.uk | 01603 454737 |
| Woodbridge SCDC – Chris & Agnes Dix-de Hert | 1st, 2nd & 4th Wednesday & 3rd Thursday www.ipswichscottishdance.org | 01473 890537 |
| Wymondham – Hilary Maidstone Fairland URC Hall, NR18 0AW | 2nd & 4th Tuesdays 6pm scottishdancingthursdays@gmail.com | 07501 837761 |